**HELPING HAND Media Critic Award**

1. Explain what is meant by the term media. Give four examples. Explain what is meant by the term critic.

2. Discuss three principles that help us form good reading viewing and listening habits.

3. Keep a log of the time you spend each day with the different types of media. Note whether the media is

Christ-centered or secular. Do this for two weeks.

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| Week 1 | Time spent | Media watched | Week 2 | Time spent | Media watched |
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4. Do one of the following with an adult:

a. Watch TV

b. Read a story

c. Listen to a tape